Love Letter 18 ?????????????????? ??"

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- ????????????????????? (Spatial intelligence)

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- ??? (Bodily-kinesthetic intelligence)

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- ?????????????????????????? (Interpersonal intelligence)

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- ??????????????????? (Intrapersonal intelligence) ??? ???? ???????? ?????????????????

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- ?????????????????????????? (Naturalist intelligence)??? ??? ????? ????????? ??????????????

- ?????????????????????????????? (Existential intelligence)

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- ????????????????????????????????????(Moral intelligence)

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Best Practice 2. ??????????????????????????????????????

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- ?????????????????? (centering prayer)

- ????????????? (meditative prayer)

- ?????????????????????? ????? ???? ????

- ???????????????? (guided meditation)

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Best Practice 4. ??

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Best Practice 5.

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